

UNITED IN HOPE

by Fornasieri Alisa

Here we are, one year or maybe more, I don't know anymore, from the beginning of this terrible nightmare. What is this thing that has happened to us? It's a virus, yes, that caused a global pandemic, and stopped the life of a large part of the world. But you know what, I think that is more than a virus. It had such power, that it was able to make the whole world kneel at its feet. It had the capacity to make our mind go crazy, and we are still racing back and forth, trying to return to "normality" and refusing to acknowledge the possible rupture of our life. It has troubled not only common people, but even the most powerful, politicians, great leaders, who suddenly found themselves fighting against this unknown enemy. Maybe they have made wrong choices, in some cases they thought first of the economic value of the country more than of their people, but I can't blame them for the difficult position they had to take. Yes, this nightmare probably put us to the test, made us sweat and exhausted us, it has proved that everything around us is so temporary, that most of the time we take for granted many beautiful little things that know we are realizing are essential. Adults were afraid of losing their jobs, children of losing friends, and adolescents of losing their best years. We craved for the company of others, a handshake with a stranger, a crowded theatre, Friday night out, coffee with a friend, the amazing sensation of adrenaline of a concert, even the school rush every morning. The virus did believe to control our mind but anyone can become mentally strong, so let our purpose drive us to take control of our life, because we live in our thoughts, and we can create our own life. It is when we are aware of every fear and worry and anxiety that we experience the peace of living our life to the fullest. It also made us feel deeper emotions. Feeling things means we are human and we are experiencing a rush of emotions, that maybe sometimes are more powerful than us, but they don't last forever... I promise. In the past time, pandemic forced humans to break with the past and start imagining a new world. This one is no different. It's a gateway to another world, a new and inspiring world. We can choose to bring with us all the oldest thing we had in the past, or we can go through it with little luggage, ready to start all over again.

The nightmare I was talking about before can only turn into a dream if we want it with all our hearts, and I know it will be an amazing dream. We know who we are, we just forgot it for a little while, but now it's time to take our lives in our hands again.