

If You Cannot Stand
By: Elise Welch

Buds don't bloom in the desert,
But I surely can,
I will keep on learning,
No matter where I am

The sands of Jamaica,
The Egyptian Nile,
The Himalayan peaks,
Emerald Isle

We have different goals,
Unique thoughts and fears,
To share is weakness,
Embarrassment leers

But living out of fear,
Is no life at all,
If we never take risks,
We cannot rise tall

Wet cheeks and tousled hair,
Sitting all alone,
Some ignore this picture,
Just forget, go home

Everyone is different,
We can't get along,
Knowing history,
We'll surely get it wrong

But if we took the time,
Held a stranger's hand,
We would see there's much more,
Left to understand

Changing our perspective,
Is only the start,
Seeing leads to action,
Actions from the heart

This world is not perfect,
We've all seen the news,
We all need each other,
Change is what we choose

If you cannot stand,
Speak,
If you cannot speak,
Stand.

You've heard it all your life,
Listen one more time,
Strength is found in numbers,
By this we are defined.